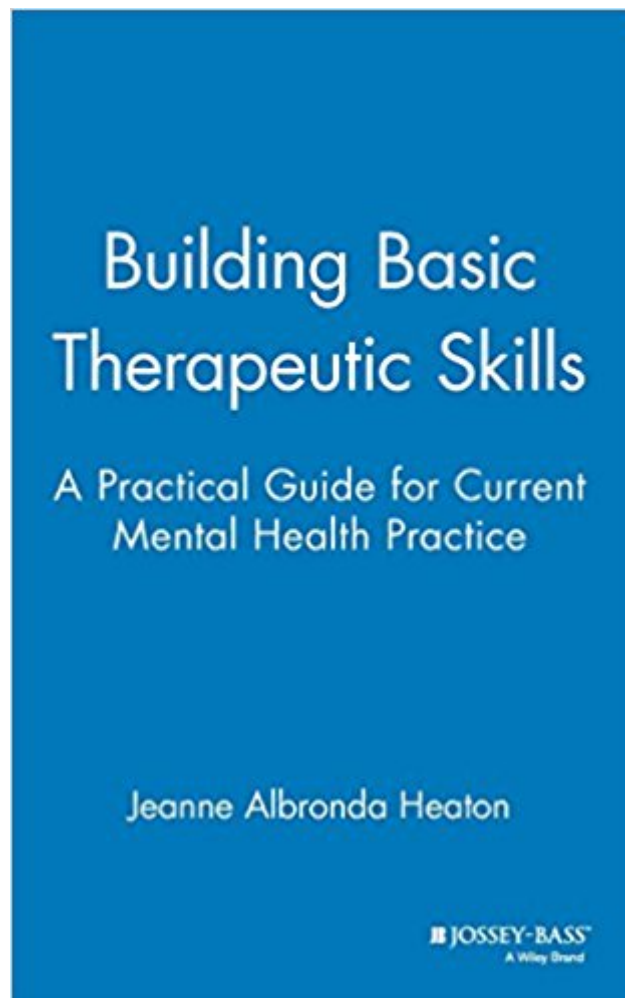




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Building Basic Therapeutic Skills: A Practical Guide For Current Mental Health Practice



Synopsis

Building Basic Therapeutic Skills is an essential handbook that provides the nuts-and-bolts information. Jeanne Heaton provides guidance to the student therapist with a book that demonstrates both her humanity and wisdom. Of all those skills that she promotes, perhaps the most important is her profound respect for the client. --Michael J. Lambert, professor of psychology, Brigham Young University and coauthor of *Assessing Outcome in Clinical Practice* A valuable and essential textbook for mental health educators supervising practicum and internship students. I'll be using it as a textbook in my teaching at Ohio State University. ?Daniel R. Merz, Ph.D., L.P.C.C., counselor educator, The Ohio State University A masterful job of presenting the cumulative effects of the experience of a senior therapist into a clear and concise volume. ?John M. Sell, Ph.D., Senior Vice President, Reedie & Co. Contains excellent and culturally sensitive examples of not only what to do but how to do it. ?Sheila Y. Williams, M.Ed., L.P.C.C., University Counselor/Private Practitioner and member, State of Ohio Counselor and Social Worker Board Testing Committee Chair, American Association of State Counseling Boards Clear, concise, and down-to-earth. . . . It belongs in the library, if not the hip pocket, of anyone who is studying to be a therapist or is just beginning to practice. This is the book I wish I had written. ?Steven Jay Lynn, Ph.D., professor of psychology, State University of New York at Binghamton A valuable resource for the student and beginning therapist. . . .an excellent review for the experienced therapist. --Barry G. Ginsberg, Ph.D., director, Center of Relationship Enhancement author of *Relationship Enhancement Family Therapy*

Book Information

Hardcover: 275 pages

Publisher: Jossey-Bass; 1 edition (January 15, 1998)

Language: English

ISBN-10: 0787939846

ISBN-13: 978-0787939847

Product Dimensions: 6.3 x 0.9 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

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"A valuable and essential textbook for mental health educators supervising practicum and internship students. I'll be using it as a textbook in my teaching at Ohio State University." --Daniel R. Merz, counselor educator, The Ohio State University

"Jeanne Heaton provides guidance to the student therapist with a book that demonstrates both her humanity and wisdom. Of all those skills that she promotes, perhaps the most important is her profound respect for the client." --Michael J. Lambert, professor of psychology, Brigham Young University and author of (Jeanne will provide

"Jeanne Heaton does a masterful job of presenting the cumulative effects of the experience of a senior therapist into a clear and concise volume. I expect this book not only to serve as a primer for entry-level mental health professionals but to also be of continued value as a desk reference for seasoned practitioners." --John M. Sell, Senior Vice President, Reedie & Co.

This clear, concise, and down-to-earth book offers a wealth of knowledge, helpful examples, and practical suggestions regarding the principles and practice of psychotherapy. It belongs in the library, if not the hip pocket, of anyone who is studying to be a therapist or is just beginning to practice. This is the book I wish I had written. --Steven Jay Lynn, professor of psychology, State University of New York Binghamton

"In this environment of managed care and brief treatment, Jeanne Heaton's book is a valuable resource for the student, beginning therapist, or an excellent review for the experienced therapist. . . . It should be on the shelf of all those learning to become therapists." --Barry G. Ginsberg, director, Center of Relationship Enhancement

Advance Praise for Building Basic Therapeutic Skills

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Good book for beginning therapists - this one was required for my course, and I am glad that I read it

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